

Toowong Harrier Achievement Levels 2022 / 2023 Season - Boys

| | | U 6 | U 7 | U 8 | U 9 | U 10 | U 11 | U 12 | U 13 | U 14 | U 15 | U16 | U17 |
|-----------------|-------------|--------|-------|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| 700mW | APB | | | | 3:15.36 | | | | | | | | |
| | TwHA Gold | | | | 3:51.91 | | | | | | | | |
| | TwHA Silver | | | | 4:28.45 | | | | | | | | |
| | Blue | | | | 5:05.0 | | | | | | | | |
| | Red | | | | 5:50.0 | | | | | | | | |
| | Green | | | | 7:20.0 | | | | | | | | |
| 1100mW | APB | | | | | 5:01.70 | 4:53.85 | | | | | | |
| | TwHA Gold | | | | | 6:01.13 | 5:52.57 | | | | | | |
| | TwHA Silver | | | | | 7:00.57 | 6:51.28 | | | | | | |
| | Blue | | | | | 8:00.0 | 7:50.0 | | | | | | |
| | Red | | | | | 9:05.0 | 8:55.0 | | | | | | |
| | Green | | | | | 10:50.0 | 10:40.0 | | | | | | |
| 1500mW | APB | | | | | | | 6:31.60 | 6:22.10 | 6:13.40 | 5:48.10 | | |
| | TwHA Gold | | | | | | | 7:54.40 | 7:46.40 | 7:40.60 | 7:20.40 | 6:50.26 | 6:04.90 |
| | TwHA Silver | | | | | | | 9:17.20 | 9:10.70 | 9:07.80 | 8:52.70 | 8:30.10 | 8:02.40 |
| | Blue | | | | | | | 10:40.0 | 10:35.0 | 10:35.0 | 10:25.0 | 10:25.0 | 10:25.0 |
| | Red | | | | | | | 12:30.0 | 12:20.0 | 12:20.0 | 12:20.0 | 12:20.0 | 12:20.0 |
| | Green | | | | | | | 14:30.0 | 14:20.0 | 14:10.0 | 14:10.0 | 14:10.0 | 14:10.0 |
| SHOT PUT | APB | | | | 11.33 | 13.15 | 14.42 | 16.12 | 19.11 | 18.60 | 19.70 | 21.08 | |
| | TwHA Gold | | | | 9.22 | 10.70 | 11.88 | 13.28 | 15.24 | 15.30 | 16.30 | 17.59 | 15.71 |
| | TwHA Silver | | | | 7.11 | 8.25 | 9.34 | 10.44 | 11.37 | 12.00 | 12.90 | 14.09 | 12.80 |
| | Blue | 3.30 | 4.40 | 4.70 | 5.00 | 5.80 | 6.80 | 7.60 | 7.50 | 8.70 | 9.50 | 10.60 | 9.80 |
| | Red | 2.50 | 3.30 | 3.50 | 3.80 | 4.60 | 5.30 | 6.10 | 5.40 | 6.50 | 6.90 | 7.40 | 8.00 |
| | Green | 1.70 | 2.10 | 2.50 | 2.80 | 3.50 | 4.00 | 4.50 | 4.30 | 4.70 | 5.10 | 5.90 | 5.30 |
| DISCUS | APB | | | | 36.68 | 43.2 | 45.01 | 54.87 | 60.74 | 60.52 | 64.54 | 75.17 | |
| | TwHA Gold | | | | 28.62 | 33.97 | 35.84 | 42.75 | 47.83 | 48.18 | 52.86 | 61.11 | 53.26 |
| | TwHA Silver | | | | 20.56 | 24.73 | 26.67 | 30.62 | 34.91 | 35.84 | 41.18 | 47.06 | 41.60 |
| | Blue | 6.50 | 9.00 | 10.50 | 12.50 | 15.50 | 17.50 | 18.50 | 22.00 | 23.50 | 29.50 | 33.00 | 28.50 |
| | Red | 5.00 | 7.50 | 8.00 | 10.00 | 12.00 | 13.50 | 14.50 | 15.50 | 16.50 | 20.00 | 22.00 | 21.00 |
| | Green | 3.00 | 4.00 | 4.50 | 5.50 | 7.00 | 8.50 | 8.50 | 9.50 | 10.50 | 12.50 | 14.50 | 13.50 |
| VORTEX /JAVELIN | APB | VORTEX | | | | | 41.92 | 50.88 | 55.43 | 59.36 | 59.69 | 73.64 | |
| | TwHA Gold | | | | | | 32.45 | 39.59 | 42.95 | 46.74 | 48.46 | 58.26 | 63.74 |
| | TwHA Silver | | | | | | 22.97 | 28.29 | 30.48 | 34.12 | 37.23 | 42.88 | 49.40 |
| | Blue | 9.50 | 12.50 | 15.50 | 20.00 | 25.00 | 13.50 | 17.00 | 18.00 | 21.50 | 26.00 | 27.50 | 32.00 |
| | Red | 6.50 | 9.50 | 11.00 | 15.00 | 18.00 | 9.50 | 12.00 | 12.00 | 14.50 | 17.50 | 20.00 | 22.00 |
| | Green | 3.50 | 4.50 | 5.00 | 5.50 | 6.00 | 6.00 | 7.50 | 7.50 | 8.50 | 11.00 | 13.00 | 13.00 |
| HIGH JUMP | APB | | | | 1.43 | 1.53 | 1.63 | 1.80 | 1.83 | 1.95 | 2.10 | 2.14 | |
| | TwHA Gold | | | | 1.27 | 1.37 | 1.45 | 1.60 | 1.65 | 1.75 | 1.88 | 1.93 | 2.03 |
| | TwHA Silver | | | | 1.11 | 1.21 | 1.28 | 1.40 | 1.48 | 1.55 | 1.67 | 1.71 | 1.88 |
| | Blue | | | 0.85 | 0.95 | 1.05 | 1.10 | 1.20 | 1.30 | 1.35 | 1.45 | 1.50 | 1.60 |
| | Red | | | 0.70 | 0.80 | 0.85 | 0.95 | 1.00 | 1.05 | 1.15 | 1.25 | 1.30 | 1.40 |
| | Green | | | 0.55 | 0.65 | 0.75 | 0.80 | 0.85 | 0.90 | 0.95 | 1.00 | 1.05 | 1.05 |
| LONG JUMP | APB | | | | 4.73 | 5.20 | 5.60 | 5.92 | 6.56 | 6.77 | 7.12 | 7.38 | |
| | TwHA Gold | | | | 4.15 | 4.57 | 4.92 | 5.21 | 5.74 | 6.05 | 6.38 | 6.62 | 6.83 |
| | TwHA Silver | | | | 3.58 | 3.93 | 4.23 | 4.51 | 4.92 | 5.32 | 5.64 | 5.86 | 6.30 |
| | Blue | 2.10 | 2.40 | 2.80 | 3.00 | 3.30 | 3.55 | 3.80 | 4.10 | 4.60 | 4.90 | 5.10 | 5.40 |
| | Red | 1.70 | 1.90 | 2.30 | 2.50 | 2.80 | 2.90 | 3.20 | 3.40 | 3.80 | 4.00 | 4.20 | 4.40 |
| | Green | 1.15 | 1.40 | 1.60 | 1.90 | 2.20 | 2.30 | 2.40 | 2.60 | 2.80 | 3.00 | 3.20 | 3.25 |
| TRIPLE JUMP | APB | | | | | | 11.10 | 12.78 | 13.09 | 14.47 | 14.35 | 14.55 | |
| | TwHA Gold | | | | | | 9.80 | 11.15 | 11.59 | 12.85 | 13.00 | 13.23 | 13.97 |
| | TwHA Silver | | | | | | 8.50 | 9.53 | 10.10 | 11.22 | 11.65 | 11.92 | 12.60 |
| | Blue | | | | | | 7.20 | 7.90 | 8.60 | 9.60 | 10.30 | 10.60 | 11.10 |
| | Red | | | | | | 6.20 | 6.50 | 7.20 | 7.70 | 8.50 | 9.00 | 9.50 |
| | Green | | | | | | 4.50 | 5.00 | 5.50 | 5.70 | 6.30 | 6.80 | 7.40 |

Source : McDonalds Level February 2022, ABP August 2022 (LAQ site), and U16 Australian Records as of 21 November 2022 (Athletics Australia).
 Note Gold and Silver levels calculated for age groups 9+